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If you are going to master the martial art then you had better learn to control yourself as opposed to just focusing on how to control others; this is of the highest order of

internal gung fu. Take note: A weak man is a dangerous man one apt to overreact with all too dire of consequences.
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The Difference Between Kung Fu, Gung Fu, and Gung Ho.

If you re gung ho about kung fu, then whatever style you practice whether it is Shaolin or Tai Chi or Wing Chun or whatever you will probably learn something about the Chinese language in this article.

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