

UNLOCKING THE EMOTIONAL BRAIN

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Unlocking The Emotional Brain - Psychotherapy Networker

Thank you to Bruce, Robin, and Laurel for this excellent article and your valuable book "Unlocking the Emotional Brain." Memory reconsolidation is one of the most exciting discoveries in neuroscience and therapists need to know about this!

Unlocking the Emotional Brain 1st Edition - amazon.com

In *Unlocking the Emotional Brain*, authors Ecker, Ticic, and Hulley equip readers to carry out focused, empathic therapy using the process found by researchers to induce memory reconsolidation, the recently discovered and only known process for actually unlocking emotional memory at the synaptic level. Emotional memory's tenacity is the familiar bane of therapists, and researchers have long

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Bruce Ecker, Robin Ticic, & Laurel Hulley *Unlocking the ...*

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"*Unlocking the Emotional Brain* is one of the most important psychotherapy books of our generation. It brings the recent groundbreaking brain research on memory reconsolidation to the mental health field . This is the first psychotherapy book to delineate the sequence of experiences the brain requires to heal. This is big, important information that is applicable across many treatment

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